

Monday, June 1, 2026

(Guiding My Mind) Psalm 119:9-11

How can a young man keep his

way pure? By guarding it

according to your word. With my

whole heart I seek you; let me

not wander from your

commandments! I have stored up

your word in my heart, that I

might not sin against you.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

All Scripture is taken from ESV unless otherwise indicated.

Tuesday, June 2, 2026

(Guiding My Mind) Psalm 19:36-37

Incline my heart to your

testimonies, and not to selfish

gain! Turn my eyes from looking

at worthless things; and give me

life in your ways.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

All Scripture is taken from ESV unless otherwise indicated.

Wednesday, June 3, 2026

(Guiding My Mind)

2 Corinthians 10:5-6

We destroy arguments and every
lofty opinion raised against the
knowledge of God, and take every
thought captive to obey

Christ, being ready to punish
every disobedience, when your
obedience is complete.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

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Thursday, June 4, 2026

(Guiding My Mind) Philippians 4:4-7

Rejoice in the Lord always; again I will say, rejoice. Let your reasonableness be known to everyone. The Lord is at hand; do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

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Friday, June 5, 2026

(Guiding My Mind) Romans 8:5-8

For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For the mind that is set on the flesh is hostile to God, for it does not submit to God's law; indeed, it cannot. Those who are in the flesh cannot please God.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

All Scripture is taken from ESV unless otherwise indicated.

Saturday, June 6, 2026

(Controlling My Mouth)

Proverbs 10:19

When words are many,

transgression is not lacking, but

whoever restrains his lips is prudent.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

All Scripture is taken from ESV unless otherwise indicated.

Sunday, June 7, 2026

(Controlling My Mouth)

Proverbs 13:3

Whoever guards his mouth

preserves his life; he who

opens wide his lips comes to

ruin.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

All Scripture is taken from ESV unless otherwise indicated.

Monday, June 8, 2026

(Controlling My Mouth)

Proverbs 16:23

The heart of the wise makes his
speech judicious and adds
persuasiveness to his lips.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

All Scripture is taken from ESV unless otherwise indicated.

Tuesday, June 9, 2026

(Controlling My Mouth)

Proverbs 17:27-28

Whoever restrains his words has
knowledge, and he who has a cool
spirit is a man of understanding.
Even a fool who keeps silent is
considered wise; when he closes
his lips, he is deemed intelligent.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

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Thursday, June 11, 2026

(Controlling My Mouth)

Proverbs 21:23

Whoever keeps his mouth and his
tongue keeps himself out
of trouble.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

All Scripture is taken from ESV unless otherwise indicated.

Friday, June 12, 2026

(Controlling My Mouth)

Proverbs 25:11

A word fitly spoken is like apples
of gold in a setting of silver.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

All Scripture is taken from ESV unless otherwise indicated.

Saturday, June 13, 2026

(Controlling My Mouth)

Proverbs 29:20

Do you see a man who is hasty in
his words? There is more hope
for a fool than for him.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

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Sunday, June 14, 2026

(Controlling My Mouth) James 1:26

If anyone thinks he is

religious and does not bridle his

tongue but deceives his heart, this

person's religion is worthless.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

All Scripture is taken from ESV unless otherwise indicated.

Monday, June 15, 2026

(Controlling My Mouth) James 3:1-3

Not many of you should become teachers, my brothers, for you know that we who teach will be judged with greater strictness. For we all stumble in many ways. And if anyone does not stumble in what he says, he is a perfect man, able also to bridle his whole body. If we put bits into the mouths of horses so that they obey us, we guide their whole bodies as well.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

All Scripture is taken from ESV unless otherwise indicated.

Tuesday, June 16, 2026

(Controlling My Mouth) James 3:4-6

Look at the ships also: though they are so large and are driven by strong winds, they are guided by a very small rudder wherever the will of the pilot directs. So also the tongue is a small member, yet it boasts of great things. How great a forest is set ablaze by such a small fire! And the tongue is a fire, a world of unrighteousness. The tongue is set among our members, staining the whole body, setting on fire the entire course of life, and set on fire by hell.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

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Wednesday, June 17, 2026

(Guarding My Heart & Emotions)

Proverbs 4:23

Keep your heart with all vigilance,
for from it flow the springs of life.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

All Scripture is taken from ESV unless otherwise indicated.

Thursday, June 18, 2026

(Guarding My Heart & Emotions)

Proverbs 16:32

Whoever is slow to anger is
better than the mighty, and he
who rules his spirit than he who
takes a city.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

All Scripture is taken from ESV unless otherwise indicated.

Friday, June 19, 2026

(Guarding Heart & Emotions)

Proverbs 25:28

A man without self-control is
like a city broken into and left
without walls.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

All Scripture is taken from ESV unless otherwise indicated.

Sunday, June 21, 2026

(Guarding My Heart & Emotions)

Proverbs 29:11

A fool gives full vent to his spirit,
but a wise man quietly holds it
back.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

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Monday, June 22, 2026

(Guarding My Heart & Emotions)

Colossians 3:15-17

And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God. And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

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Tuesday, June 23, 2026

(Guarding My Heart & Emotions)

Luke 12:15

And he said to them, "Take care,
and be on your guard against all
covetousness, for one's life does
not consist in the abundance of
his possessions."

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

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Wednesday, June 24, 2026

(Disciplining My Body)

Proverbs 13:4

The soul of the sluggard craves
and gets nothing, while the soul of
the diligent is richly supplied.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

All Scripture is taken from ESV unless otherwise indicated.

Thursday, June 25, 2026

(Disciplining My Body)

Proverbs 25:16

If you have found honey, eat only
enough for you, lest you have
your fill of it and vomit it.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

All Scripture is taken from ESV unless otherwise indicated.

Friday, June 26, 2026

(Disciplining My Body)

Romans 6:12-14

Let not sin therefore reign in your mortal body, to make you obey its passions. Do not present your members to sin as instruments for unrighteousness, but present yourselves to God as those who have been brought from death to life, and your members to God as instruments for righteousness. For sin will have no dominion over you, since you are not under law but under grace.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

All Scripture is taken from ESV unless otherwise indicated.

Saturday, June 27, 2026

(Disciplining My Body)

1 Thessalonians 4:3-8

For this is the will of God, your sanctification: that you abstain from sexual immorality; that each one of you know how to control his own body in holiness and honor, not in the passion of lust like the Gentiles who do not know God; that no one transgress and wrong his brother in this matter, because the Lord is an avenger in all these things, as we told you beforehand and solemnly warned you. For God has not called us for impurity, but in holiness. Therefore whoever disregards this, disregards not man but God, who gives his Holy Spirit to you.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

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Sunday, June 28, 2026

(Disciplining My Body)

I Corinthians 9:24-25

Do you not know that in a race all
the runners run, but only one
receives the prize? So run that
you may obtain it. Every athlete
exercises self-control in all things.
They do it to receive a perishable
wreath, but we an imperishable

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

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Monday, June 29, 2026

(Disciplining My Body)

I Corinthians 9:26-27

So I do not run aimlessly; I do not box as one beating the air. But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified.

Serving God by Controlling Self

(June 2026 Scripture Writing Plan)

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